

# PORT GUICHON Elementary School

4381 46A Street, Delta, BC Phone: 604 946-0321 Fax: 946-0322  
<http://pg.deltasd.bc.ca/>

## NEWSLETTER

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No. 8 – April 2013

Dear Parents and Guardians:

Welcome back! We hope that you had a great Spring Break and that you were able to spend some family time with one another. We look forward to hearing about your holiday adventures as we enter the third term.

Track and Field season is upon us and we are excited to take advantage of the warmer weather as teachers hold their practices. Students in grades 4 through 7 are encouraged to come out to the practices for sprints, distance running, relays, long jump, softball throw and shot put. A schedule of before-school, lunch-time and after school practices will be distributed to the classes. Thank you to all of our teachers for taking on the practice and coaching duties.

This month we are all gearing up for the annual Port Guichon Spring Fair being held on Friday, May 3<sup>rd</sup>. Raffle ticket sales are ongoing with additional books of tickets available in the school office. Watch for the Spring Fair notices and begin planning those wonderfully decorated cakes for the cake walk! Thank you to Mrs. Tattrie, Mrs. Painter, Mrs. Armstrong and countless other parents for their hard work in organizing this important event.

This month the PAC is also holding a Bedding Plant and Hanging Basket Sale with delivery just in time for Mothers' Day. Please see the notice coming home with this newsletter for more details.

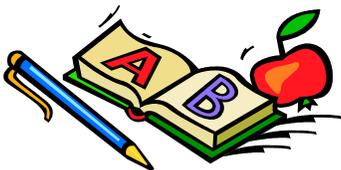
As always, thank you for your support.

Mark Douangchanh, Vice Principal – Port Guichon  
Bob Thompson, Principal – Port Guichon

### Photos for the Year End Assembly Video Slide Show

Mrs. Smith and Mrs. Norcross have graciously volunteered to prepare the video slide show for our year-end assembly in June. They have created a Gmail account so that parents can contribute photos they have taken while on school field trips, sporting events or other school activities. Please send any photos you would like included to [portguichonphotos@gmail.com](mailto:portguichonphotos@gmail.com)

### EDU-PAC ORDERS



Edu-Pac order forms for school supplies for next year will be sent home this month. Please be sure to return them by FRIDAY, APRIL 26<sup>th</sup>. Please remember that you do not have to purchase these packages. You may purchase school supplies on your own. Supply lists will be sent home with the final report card in June.

## TRACK & FIELD PROGRAM

Our Track program for students in Grades 4, 5, 6, and 7 will be getting underway during the next few weeks. There



will be a number of mini-meets leading up to the Regional Track Meet at Delta Secondary on Tuesday, May 7<sup>th</sup> and the District Meet on Thursday, May 16<sup>th</sup>. It is important that every intermediate student have their **PE strip here**

**everyday**, including running shoes that they can tie up. The various track and field events that we will be concentrating on are sprinting, long distance runs, relays, long jump and softball throw and shot put.

A few parent volunteers are needed to assist in the implementation of this Track and Field program. If you can help, Please let Mr. Douangchanh know.

## Bedding Plant & Hanging Basket Sale

The PG PAC Playground fundraising committee is holding a bedding plant and hanging basket sale. Order forms with payment are due back at the school by April 26<sup>th</sup>. Plants will be available for pickup at the school on May 10<sup>th</sup>, just in time for the Mothers' Day weekend. All money raised from the sale will go towards a new playground at Port Guichon School.

## Port Guichon at the Delta Parks & Recreation "Hoop Shoot"

A big "Thank You" to Mr. Jang for managing and coaching the Port Guichon Grade 5, 6, and 7 Hoop Shoot Teams who participated in the Delta Parks, Recreation and Culture Hoop Shoot Finals at South Delta Secondary School on Tuesday, March 12<sup>th</sup>. Congratulations to the Grade 5 boys who placed first and Grade 6 girls who placed second in their respective grade levels.

## WHAT'S APPROPRIATE?

With Spring approaching and warmer temperatures looming, students are often tempted to wear beach-like clothing to school. Please help us to maintain an age appropriate dress code for all grades at Port Guichon by ensuring that strapless, spaghetti strapped, midriff-like tops are not worn to school. Very low rise pants and T-shirts with inappropriate slogans are also not to be worn at school.



We hope to work with the parent community in helping to ensure that students wear clothing respectful of and appropriate to the school learning environment. These guidelines are intended to maintain a wholesome environment where children can be children without the pressures to hurry up and be young adults.

If students come to school wearing clothing which, in the professional opinion of the staff, detracts from the learning environment, they will be asked to change or will be given clothing supplied by the office.

## HOW TO BE A GOOD FRIEND

To have good friends, you must be a good friend. Here are some of the ways good friends treat each other.

- ☺ Good friends listen to each other.
- ☺ Good friends don't put each other down or hurt each other's feelings.
- ☺ Good friends try to understand each other's feelings and moods.
- ☺ Good friends help each other solve problems.
- ☺ Good friends give each other compliments.
- ☺ Good friends can disagree without hurting each other.
- ☺ Good friends are dependable.
- ☺ Good friends respect each other.
- ☺ Good friends are trustworthy.
- ☺ Good friends give each other room to change.
- ☺ Good friends care about each other.

## MESSAGES FROM THE SCHOOL NURSE

**Walk With Your Kids, Rain or Shine - Walk With Your Kids All the Time**

- It is a fun and relatively easy exercise.
- It makes you feel good and is good for your physical and mental health.
- It is a good way to spend some time together before and after school.
- It provides an excellent opportunity to teach young people about vital road-crossing and road safety skills.
- It's good for the environment.



Regular physical activity supports healthy brain development in children and helps to prevent osteoporosis, Type 2 Diabetes, heart diseases and some cancers. The earlier children establish healthy active lifestyles by including 60 minutes of moderate to vigorous physical activity every day, the better.

Walking all or part of the way, to and from school also helps to reduce the number of potentially dangerous traffic hazards caused by traffic congestion around the school. Reduced traffic is good for the environment in terms of providing clean air. We all want our kids to be happy, healthy and safe. **Active kids are healthy kids.**

**PORT GUICHON ELEMENTARY SCHOOL - UPCOMING EVENTS**

<b>The Facts about Lice</b> Thursday, April 4	3:15 – 3:45 PM in the Library. Our Public Health Nurse, Karin Congo, will be presenting an information session for parents on this pesky problem that is all too common in school and group settings.
<b>Starting with Stories</b> Mondays, April 17 & 22 at 9:00 AM Tuesdays, April 16 & 23 at 1:00 PM	In the library. This program is for 4 year olds and their parents or guardians /caregivers in preparation for starting Kindergarten next year. There will be a Kindergarten orientation session.
<b>District Math Celebration</b> Thursday, April 18	The Delta School District will be utilizing the Port Guichon Gym to hold their annual Math Celebration team competitions. Selected teams of Port Guichon students will be participating.
<b>Non-Instructional Day - School Closed</b> Friday, April 19	<b>STUDENTS DO NOT ATTEND SCHOOL</b>
<b>PAC Meeting</b> Tuesday, April 23	7:00 PM Please join us at the school for our monthly PAC meeting.
<b>Class Pictures</b> Wednesday, April 24	Class pictures will be taken beginning at 9:00 a.m. Each student receives a complimentary class picture.
<b>Edu-Pac Orders are Due</b> Friday, April 26	If you are planning to order school supplies for next year through the Edu-Pac program, please have your orders into the office by today.
<b>PAC Plant Sale orders are Due</b> Friday, April 26	Orders for the plant sale organized by the PAC Playground Fundraising Committee are due today. Mothers' Day is coming up and hanging baskets are a great gift.
<b>Kite Day</b> Wednesday, May 1	Come and join us at 1:00 PM for fun with tangled strings and flying things!
<b>Spring Fair - Friday, May 3</b> 5:30 – 8:30 p.m.	Plan to be here for the Fair! Lots of games to be played and prizes to be won!

## School District and Community Information



### Academy Programs

Academy programs offered at various secondary schools in Delta are open to all Delta School District students. Bell schedules at each secondary school are similar, making it possible for students to move between schools at lunchtime to participate in a program at another school. The following is a list of the various academy programs offered by the Delta School District:

Baseball	Sands Secondary
Dance	Delta Secondary
Film Acting	Delta Manor Education Centre
Film Production	Delta Manor Education Centre
Golf	Seaquam Secondary
Hockey	Burnsview Secondary and South Delta Secondary
Lacrosse	Delta Secondary
Soccer	South Delta Secondary
Softball	Seaquam Secondary

These programs are offered within the school timetable and compliment the various elective courses offered at each secondary school. Professional coaches and instructors, along with passionate teachers, combine to make these programs engaging and inspiring choices for students!

Starting in September 2013 we plan to offer bus service from north end secondary schools to Delta Secondary and Delta Manor, so that students interested in the Dance, Lacrosse, Film Acting or Film Production can more readily get to these programs. We also plan to offer bus service from South Delta and Delta Secondary to Sequam for students interested in the Softball and Golf Academies. There will be an additional fee for bus transportation.

Students should register for an academy during course selection time; however, we will accept applications beyond that date. To apply, complete an application and send it to the school offering the academy program. Also, be sure the Counsellor at your home school is aware your child wants to register in an academy. For more information or to download an application, please visit the Academy website at <http://web.deltasd.bc.ca/programs/academies> or call 604-952- 5374.

## 117th Annual Ladner Pioneer May Days

May 24, 25 and 26, 2013

The Ladner Pioneer May Days Committee is hosting a “**decorated bicycle**” category in this year’s parade and invites the children of Delta to participate. The parade starts at 12 noon on Sunday, May 26 at the intersection of Delta and Chisholm streets and meanders through Ladner to Memorial Park. All participants must wear a government approved bicycle safety helmet. Parents are encouraged to escort their children through the parade route. The theme for this year’s parade is “Wild Wild West” and there will be West Coast Amusement all day ride passes for the “best decorated bicycle” in three age categories: 5 years old and under (must be accompanied by an adult); 6-8 years old; and 9 years old and over. Judging will take place at 11 am on Sunday, May 26.

Participants must fill a registration form in advance. Copies are available on the information table at the front of the school. For further information, contact [parade@ladnermaydays.com](mailto:parade@ladnermaydays.com).

### 2013 Ladner Pioneer May Days Idol

Category: 12 Years Old & Under (Saturday, May 25, 11:00am - 1:00pm)  
13-18 Years Old (Saturday, May 25, 1:30pm - 3:30pm)

The top three in each category will perform on Sunday after the crowning of the 2013 May Queen  
Registration forms must be filled out and mailed before May 5, 2013

Copies of the Registration Form are available on the information table at the front of the school.