

PORT GUICHON Elementary School

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NEWSLETTER

No. 8 – April 2014

Dear Parents and Guardians:

We hope that Spring Break has allowed you and your family to recharge your batteries and hopefully you were able to spend some quality time with one another. We look forward to and welcome the warmer weather and spring time activities.

We'd like to once again thank Abby Parsons, Jarod Ferreira, Katie Norcross, Sergio Ferriera, Jill Hawksworth and Mr. Jang for all their help with basketball and Hoop Shoot. We'd also like to thank Ms. Tan for her continued support to our We Team and Math Celebration Team. We are extremely lucky to have such wonderful volunteers.

Our school community suffered two tragic losses over the Spring Break. Our heartfelt sympathies are extended to the Green family on the loss of their beloved son and brother, Conner. We also send our condolences to the Wilde family on the loss of their wife, sister and aunt, Nancy, who has been a noon-hour supervisor here at Port Guichon, in addition to her duties at Hawthorne Elementary and Delta Secondary School. We will be working together to provide the support our students and school community needs as we complete the school year.

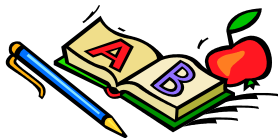
We look forward to making the last term of the year the best one yet. We are excited about many upcoming events that include: Yoga, Track and Field, Bike Safety Clinics, the Spring Fair and much more.

As always, please do not hesitate to contact your child's teacher or the school if you have questions or concerns. We want to work together with you to make sure that your child has the best educational experience possible.

Mark Douangchanh, Vice Principal – Port Guichon

Bob Thompson, Principal – Port Guichon

EDU-PAC ORDERS



Edu-Pac order forms for school supplies for next year will be sent home this month. Please be sure to return them by FRIDAY, APRIL 25th. Please remember that you do not have to purchase these packages. You may purchase school supplies on your own. Supply lists will be sent home with the final report card in June.

YOGA AT SCHOOL

The Yoga sessions have been rescheduled for April 1 and 4th. We are pleased that our students will have the opportunity to learn and practice Yoga here at Port Guichon. Mrs. Tanya Armstrong will be teaching Yoga to our students during scheduled classes on Tuesday, April 1st and Friday, April 4th. These lessons are being donated by the Tarumoto family, who bid on, won, and paid for the lessons at last year's Spring Fair silent auction.

Please be sure that your children have gym strip at school, or are wearing clothing appropriate for Yoga on these two dates.



BIKE SAFETY PRESENTATION WORKSHOPS



The Ladner CoPS, in conjunction with Constable Doolan, will be providing bike safety presentation workshops in April. They will be working with Division 4 on April 2nd, Division 3 on April 9th and Division 2 on April 16th. Students in those divisions are asked to bring their bicycles and bike helmets to school on the appropriate day.

A REMINDER ABOUT MORNING ARRIVAL

As there is no supervision on the school grounds until 8:30 AM, we ask that students not come to the school before 8:30 AM. The first bell is at 8:40 AM, which gives everyone plenty of time to line up with their class and get into school on time.

PORT GUICHON AT THE DELTA PARKS & RECREATION "HOOP SHOOT"

A big "Thank You" to Mr. Jang for managing and coaching the Port Guichon Grade 5, 6, and 7 Hoop Shoot Teams who participated in the Delta Parks, Recreation and Culture Hoop Shoot Finals at South Delta Secondary School on Tuesday, March 11th. Congratulations to the Grade 6 boys who placed first and Grade 7 boys who placed third in their respective grade levels. Mr. Jang was very impressed with the great sportsmanship and behaviour of all the Port Guichon Hoop Shoot Team.

TRACK & FIELD PROGRAM

Our Track program for students in Grades 4, 5, 6, and 7 will be getting underway during the next few weeks. They



will be practicing and trying out for the Regional Track Meet at Delta Secondary on Tuesday, May 6th. Those that place at the Regional Meet, may move on to the District Meet on Thursday, May 15th at

South Delta Secondary. **It is important that every intermediate student have their PE strip here everyday, including running shoes that they can tie up.** The various track and field events that we will be concentrating on are sprinting, long distance runs, relays, long jump and softball throw and shot put.

A few parent volunteers are needed to assist in the implementation of this Track and Field program. If you can help, Please let Mr. Douangchanh know.

WHAT'S APPROPRIATE?

With Spring approaching and warmer temperatures looming, students are often tempted to wear beach-like clothing to school. Please help us to maintain an age appropriate dress code for all grades at Port Guichon by ensuring that strapless, spaghetti strapped, midriff-like tops are not worn to school. Very low rise pants and T-shirts with inappropriate slogans are also not to be worn at school.



We hope to work with the parent community in helping to ensure that students wear clothing respectful of and appropriate to the school learning environment. These guidelines are intended to maintain a wholesome environment where children can be children without the pressures to hurry up and be young adults.

If students come to school wearing clothing which, in the professional opinion of the staff, detracts from the learning environment, they will be asked to change or will be given clothing supplied by the office.

HOW TO BE A GOOD FRIEND

To have good friends, you must be a good friend. Here are some of the ways good friends treat each other.

- ☺ Good friends listen to each other.
- ☺ Good friends don't put each other down or hurt each other's feelings.
- ☺ Good friends try to understand each other's feelings and moods.
- ☺ Good friends help each other solve problems.
- ☺ Good friends give each other compliments.
- ☺ Good friends can disagree without hurting each other.
- ☺ Good friends are dependable.
- ☺ Good friends respect each other.
- ☺ Good friends are trustworthy.
- ☺ Good friends give each other room to change.
- ☺ Good friends care about each other.

WALK WITH YOUR KIDS, RAIN OR SHINE - WALK WITH YOUR KIDS ALL THE TIME

- It is a fun and relatively easy exercise.
- It makes you feel good and is good for your physical and mental health.
- It is a good way to spend some time together before and after school.
- It provides an excellent opportunity to teach young people about vital road-crossing and road safety skills.
- It's good for the environment.



Regular physical activity supports healthy brain development in children and helps to prevent osteoporosis, Type 2 Diabetes, heart diseases and some cancers. The earlier children establish healthy active lifestyles by including 60 minutes of moderate to vigorous physical activity every day, the better.

Walking all or part of the way, to and from school also helps to reduce the number of potentially dangerous traffic hazards caused by traffic congestion around the school. Reduced traffic is good for the environment in terms of providing clean air. We all want our kids to be happy, healthy and safe. **Active kids are healthy kids.**

PORT GUICHON ELEMENTARY SCHOOL - UPCOMING EVENTS

Pre-Ordered Hot Lunch Friday, April 4	Pre-ordered Lunch Lady Lunch
PAC Meeting Tuesday, April 8	7:00 PM Please join us at the school for our monthly PAC meeting.
Non-Instructional Day - School Closed Friday, April 11	STUDENTS DO NOT ATTEND SCHOOL
Bunny Hop Wednesday, April 16	11:30 AM This run is similar to those held earlier this year. If you can help out as a marshal along the route, please contact the office.
Raffle Tickets Due Thursday, April 17	All Raffle Ticket Money and Unsold Tickets are due back to the school today.
District Math Celebration Thursday, April 17	The Delta School District will be utilizing the Port Guichon Gym to hold their annual Math Celebration team competitions. Selected teams of Port Guichon students will be participating.
Good Friday, April 18	SCHOOL CLOSED
Easter Monday, April 21	SCHOOL CLOSED
Pre-Ordered Hot Lunch Tuesday, April 22	Pre-ordered Lunch Lady Lunch
Edu-Pac Orders are Due Friday, April 25	If you are planning to order school supplies for next year through the Edu-Pac program, please have your orders into the office by today.
Spring Fair - Friday, April 25 5:30 – 8:30 p.m.	Plan to be here for the Fair! Lots of games to be played and prizes to be won!
Class Pictures Wednesday, April 30	Class pictures will be taken beginning at 9:00 a.m. Each student receives a complimentary class picture.
Kunda African Culture Performance Thursday, May 1	2:00 PM Parents are welcome to join us in the Gym for this exciting performance of African Culture, Music and Dance. Thanks again to the PAC for support of these cultural experiences.
Regional Track Meet Tuesday, May 6	Members of the Port Guichon Track Team will be attending this full day event at the Delta Secondary School Track. Watch for the permission slip.
Kite Day Wednesday, May 7	Come and join us at 1:00 PM for fun with tangled strings and flying things!

Mark the Date!

Don't Miss Out!

PORT GUICHON SPRING FAIR

**FRIDAY, APRIL 25, 2014
5:30 PM – 8:30 PM**

This year the fair will reflect what makes our community so special,

"It's Ladner After All"

Entry into the fair will be a non-perishable food donation for the local food bank.



We are happy to announce our "Bring a Friend" initiative. Every Port Guichon student who brings a friend from another school, will have their name entered into a draw for a fabulous prize and both student and guest will receive two free punches on a ticket card as a thank you.

Back by popular demand are Mike's Critters,
our BBQ /concession and the ever popular BOTTLE DRAW and CAKE WALK.

We are also working on some new features!

Remember, this is our biggest fundraiser ... this is the event that enables us to enhance
our school's programs
Raffle Tickets are on sale now!