

PORT GUICHON Elementary School

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<http://pg.deltasd.bc.ca/>

NEWSLETTER

No. 4 – January 2015

Dear Parents and Guardians,

Welcome to 2015 and Happy New Year to all of you. We hope that you had a wonderful break. We've been hearing great stories about family time over the holidays and look forward to hearing even more.

Thank you to all the parents who helped with our pancake breakfast on the last day before our break started. There were many smiles throughout the day. It was a special treat to have Santa pay us a visit.

We hope that you will consider coming out to our PAC meeting on January 19th at 7pm.

Do you know anyone who may be able to help with basketball? We are looking for help with coaches this year. Please let us know if you are able to help.

Mark Douangchanh, Vice Principal – Port Guichon

Bob Thompson, Principal – Neilson Grove & Port Guichon

Congratulations and Thank You

- *The Port Guichon School Community is to be congratulated for their contributions to our annual Christmas Canned Food Drive. We collected a large number of food items that were taken to Deltassist for Christmas Food Hampers. Thank you all for your generosity.*
- *The WE Team thanks everyone who contributed to their Bedtime Bundles and the Pyjama Drive for Christmas collection. Many children in our community will benefit from your generous support.*
- *Thank you to the PAC, Mr. Sowden and the Grade 7 Students for preparing and serving a pancake breakfast to our students on Friday, December 19th. A wonderful Christmas Treat!*

KINDERGARTEN REGISTRATION

Port Guichon's Kindergarten registration for children who will turn five by December 2014, will be held on **Tuesday, February 17, 2015**, from 9:00 AM to 12:00 noon. Parents are asked to bring:

- the child's original birth certificate
- immunization records and BC Care Card
- proof of residence (Rental Agreement, Tax Bill, Hydro Bill, etc.)
- Parents' proof of Canadian Citizenship, landed immigrant status, refugee status or work permit

WET WEATHER MORNING PROCEDURES

As we move into the wetter, colder months, we want to remind you of the procedure for morning arrival. **Students should not come into the school before 8:30 AM. All students should report to the undercover area. Students should not come in through the front door.** Our teachers are busy preparing for the day and need uninterrupted time to get ready for their classes. **Students wait in the undercover area and at 8:30 AM we will ring a double bell. Mr. Douangchanh will then bring all the students into Library to wait until the bell rings at 8:40 AM and students can go to their classrooms.**



The Scholastic Book Fair Is Coming

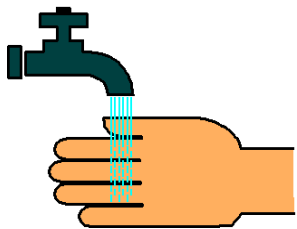
February 2 - 6, 2015

This event is a great opportunity for our students and their families to purchase many wonderful books and support our school library at the same time. Did you know that for every \$10.00 dollars you spend at the Book Fair, up to \$6.00 in books goes directly back to our school? *Our Book Fair accepts cheques, cash, Visa and MasterCard.*

Volunteers are needed to help ensure the success of this event. Any time that you can share to help out would be greatly appreciated. Even as little as a half an hour would benefit everyone. Please watch for information about signing up to help.

MESSAGES FROM YOUR PUBLIC HEALTH NURSE

During the winter months, we spend more time indoors which exposes us to more cold and flu germs. One way to protect yourself is to practice good hand washing technique. Hand washing prevents the spread of germs. Why not take a few



minutes and review these steps with your family. Remember, healthy family members are happier family members.

Proper Hand washing Means:

- Wetting your hands under running water
- Scrub with soap for a count of 30. Make sure you work up some suds.
- Rinse under running water for a count of 5.
- Dry with a clean towel.

A Good Night's Sleep

Sleep is important for good health and to keep children feeling their best. Lack of sleep affects children's learning. Children need about 9-10 hours of sleep a night.

To help your child get enough sleep:

- Set a regular bed time routine
- Have a quiet time 30 minutes before bedtime (read, warm bath, etc.)
- Avoid caffeine-containing soft drinks and chocolate
- Provide a cool, dark, quiet room for sleeping

SCHOOL TEAMS



We will be starting our basketball season this term for Grade 6/7 boys and girls. If you are able to help out with coaching duties, please give Mr. Douangchanh a call. Everyone is looking forward to a successful season. As usual, we will require your help to get students to and from games. If you can help, we would really appreciate it. A schedule will be given to each school team player prior to games starting.

PLAYGROUND MEETING

The Port Guichon PAC is looking for parents to help on our playground committee. Your input will help shape future playground improvements for our school. For more information please come and join us at our playground committee meeting on February 4th. at 7 PM in the library.



- For more information on dealing with sleep issues, go to www.AskDrSears.com or call your local Health Unit



**PORT GUICHON ELEMENTARY SCHOOL
UPCOMING EVENTS**

Division 4 Gymnastics Thursday, January 22	10:25 AM Division 4 to Delta Gymnastics
Division 5 Gymnastics Wednesday, January 28	12:30 PM Division 5 to Delta Gymnastics.
Division 4 Gymnastics Thursday, January 29	10:25 AM Division 4 to Delta Gymnastics.
Pizza Lunch Friday, January 30	The pre-ordered Pizza Lunch will be served today. Thank you PAC and volunteers.
Scholastic Book Fair Monday - Thursday February 2 - 6	Please plan to stop by the library and visit the Book Fair. We will be open each day at lunch and after school
Early Dismissal for Student-Led Conferences Tuesday, February 03	2:00 PM Early Dismissal for Student-Led Conference. Please watch for a notice coming home for your scheduled time on either Tuesday, February 3 rd or Thursday, February 6 th for our Student Led Conference
Assembly Wednesday, February 4	11:40 AM Assembly Parents are welcome to attend
Playground Meeting Wednesday, February 4 th .	7:00 PM Please join the Port Guichon PAC in the library to discuss future playground improvements
Early Dismissal for Student-Led Conferences Thursday, February 05	2:00 PM Early Dismissal for Student-Led Conference. Please watch for a notice coming home for your scheduled time on either Tuesday, February 3 rd or Thursday, February 6 th for our Student Led Conference
Grade 6/7 to Cypress Mtn. Friday, February 6	7:45 AM Our Grade 6 and 7 students will be participating in a day of outdoor physical education on Cypress Mountain. Activities include cross-country skiing

DELTA SCHOOL DISTRICT NOTICES

FRENCH IMMERSION PROGRAMS

Delta offers **two French Immersion Programs - Early and Late**. For Early Immersion, children start in Kindergarten; for Late Immersion, the starting point is Grade 6. These programs are open to all children in Delta in these age categories, space permitting. Application forms will be available at all elementary schools in January. The application deadline for Early French Immersion is February, February 6, 2015 by 4:00 pm. The application deadline for Late French Immersion is February 27, 2015, by 4:00pm.

Parent information meetings take place during the 3rd and 4th week of January each year. Please visit the Delta School District's website for the exact dates and locations. web.deltasd.bc.ca

For more information about these programs, please contact the principal of the participating schools or the Modern Languages Coordinator at 604-952-5066.

Early French Immersion Schools:

- Ladner Elementary- 5016 44th Avenue, Ladner, 604-946-4158
- South Park Elementary – 735 Gilchrist Drive, Tsawwassen, 604-943-1105
- Devon Gardens Elementary – 8884 Russell Drive, North Delta, 604-581-6185
- Richardson Elementary – 11339 83rd Avenue, North Delta, 604-596-7481
- Sunshine Hills Elementary – 11285 Bond Boulevard, North Delta, 604-594-8491

Late French Immersion Schools:

- Cliff Drive Elementary – 5025 12th Avenue, Tsawwassen, 604-943-2244
- Chalmers Elementary – 11315 75th Avenue, North Delta, 604-594-5437

***FREE workshop for FAMILY MEMBERS
of children who will be attending Kindergarten
in September 2015:***

PREPARING FOR KINDERGARTEN

Explore the skills and abilities that will help your child have a successful start to school and learn strategies to make the transition as smooth as possible.

Early learning specialists from Delta School District will share how Kindergarten looks in today's schools and practical ideas to help families prepare for the first day.

- ▶ 6:30 - 7:00 PM: *Community and School Resource expo*
- ▶ 7:00 - 9:00 PM: *Parent Workshop*
- ▶ 9:00 - 9:30 PM: *Opportunity for Individual Q & A with presenters*

✓ **Delta Manor Education Centre**
4750 – 57th Street, Ladner
ID: 13643
Wednesday, JANUARY 14
6:30 – 9:30 pm

✓ **Seaquam Secondary School**
11584 Lyon Road, North Delta
ID: 13644
Thursday, JANUARY 15
6:30 – 9:30 pm



We encourage advance registration for this free workshop:

- * BY PHONE – 604-940-5550
- * ON-LINE - <http://onlineca.activecommunities.com/connectandlearn>
- * IN PERSON: Continuing Education Office, 4750 – 57th Street, Ladner

FOR MORE INFORMATION ABOUT KINDERGARTEN REGISTRATION:
web.deltasd.bc.ca/content/schools/studentregistration/kindergarten