



PORT GUICHON Elementary School

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<http://pg.deltasd.bc.ca/>

NEWSLETTER

No. 3 – November 2013

Dear Parents/Guardians:

Thank you for taking the time to support your child in their education. We really appreciate your efforts to work together as team through the many events that happen here at Port Guichon. It's great to see so many parents out during volleyball games, our monthly runs and the many field trips you volunteer for. We especially appreciate the time you take to meet with our teachers during parent teacher conferences.

We recently had the opportunity to see a Taiko drumming group perform here at Port Guichon. We'd like to thank our PAC for making such cultural performances possible.

Please come and join us for our Remembrance Day assembly on Friday, November 8th, at 10:40 am. Please note that out of respect for the occasion that we ask that our audience members refrain from applauding during the assembly.

Lastly, our PAC is having a great Fall Market Night here at the school on Wednesday, November 13th, from 6-9pm. Please come out and see many local vendors and artisans. This night would be a great opportunity to start your holiday shopping.

Bob Thompson, Principal – Port Guichon

Mark Douangchanh, Vice Principal – Port Guichon

THANK YOU

Thank you to everyone who contributed to the Port Guichon Thanksgiving Canned Food Drive for the Ladner Food Bank. We collected 15 cartons of non-perishable food items. A wonderful way to share the bounty!

Thank you to the volunteers who helped with our October Turkey Trot. The marshals along the route and the parents who ran with us helped to keep us safe and in good spirits.

VOLLEYBALL SEASON

Our Grade 6 and 7 students are well into the volleyball season playing on a joint Grade 6/7 team and participating with the other schools in Ladner. Spectators are welcome to attend and cheer on our teams.

Thanks to those parents who are able to drive and to our coaches Mr. Sowden and Mr. Jang.



WET WEATHER MORNING PROCEDURES

As we move into the wetter, colder months, we want to remind you of the procedure for morning arrival. **Students should not come into the school before 8:30 AM. All students should report to the undercover area. Students should not come in through the front door.** Our teachers are busy preparing for the day and need uninterrupted time to get ready for their classes. Students wait in the undercover area and at 8:30 AM we will ring a double bell. Mr. Douangchanh will then bring all the students into the Library to wait until the bell rings at 8:40 AM and students can go to their classrooms.



CLOTHING AT SCHOOL



As we proceed into the cold and wet months, it is important that children dress appropriately for the weather, even if they are being driven to and from school. Please remind your child about the importance of bundling up during recess and lunch, as they are sometimes too eager to rush out and play. Also, if possible, please label clothing items for your child so that we can more easily get lost clothing back to its proper owner.

For some children, it would be helpful if they had a change of clothes at school (particularly pants, socks and shoes). These items could be used during P.E. classes, as well as when children accidentally get wet during recess or lunch. This prevents the office from having to call parents, asking them to bring a change of clothing.



PAC MONTHLY MEETING MINUTES

The PAC monthly Meeting Minutes are posted on the website and posted on the PAC Board in the front hallway of the school. If you need a hard copy, please request one from the school office.

GYMNASTICS

Once again, the Delta Gymnastics Society will be providing a school based gymnastics program throughout the Delta School District. This year they are focusing on students in grades 2 and 3, including the split classes. This involves having certified gymnastics instructors visit elementary schools throughout the District to implement the KidsCanMove program and curriculum.

The KidsCanMove program focuses on the fundamentals of movement. The emphasis is on basic landing skills, locomotor skills (hopping, running, skipping and jumping), body and spatial awareness skills, and the projection and reception of objects (ball, stick, bat, etc.).



Starting on November 5th and each following Tuesday in November, the students in Divisions 4, 5 and 6 will be provided with four 40-minute sessions of gymnastics instruction. During these sessions the basics of gymnastics and movement will be introduced in a *fun* way utilizing *games* and *individual challenges*.

MESSAGES FROM YOUR PUBLIC HEALTH NURSE

FLU SEASON What can parents do?

1. Prevent illness by maintaining good health habits...frequent hand washing, eat a variety of foods, exercise and get enough sleep.
2. Recognize flu symptoms--stuffy nose, cough, sore chest, fever, chills, muscle and joint pains. Vomiting and diarrhea are not usual symptoms of Influenza but may be seen in young children.
3. Keep your child at home away from others and treat the symptoms with bed rest, plenty of fluids and acetaminophen (i.e. Tylenol) for fever and aches.
4. Call your doctor if you child has a rash, high fever, ear ache, trouble breathing, severe vomiting and/or diarrhea.



If the school finds it necessary to send your child home because of illness, please make sure you have made alternate arrangements when you are not available. Inform the school of these arrangements.

UPCOMING EVENTS

Daylight Savings Ends Sunday, November 3	Remember to "FALL BACK" and change your clocks back an hour!
Peace March Wednesday, November 6	11:20 am This month's run is entitled the Peace March as we remember those who have gone to war for our country and hope for peace in the world.
Remembrance Day Assembly Friday, November 8	10:40 am Parents are invited to join us in the gym for this assembly.
School Closed in lieu of Remembrance Day Monday, November 11	The school is closed today lieu of Remembrance Day.
PAC Meeting Tuesday, November 12	7:00 PM All parents/guardians are invited to join us at the school for this meeting.
PAC Fundraising Evening Market Event Wednesday, November 13	Please check out the vendors in the Port Guichon gym this evening.
Entertainment Books / Money Due Friday, November 15	All <i>Entertainment 2014</i> books and money are now due. Please return any unsold books to the school office ASAP.
Pre-Ordered Chinese Food Lunch Friday, November 15	Thank you to the PAC for this special lunch.
Grade 6/7 Volleyball Tournament Thursday, November 21	3:15 at Delta Secondary – Come out and support our Grade 6/7 Volleyball team during the season's final tournament.
Pro-D Day Friday, November 22	STUDENTS DO NOT ATTEND SCHOOL.
Pro-D Day Babysitting Course Friday, November 22	A babysitting course for students in Grade5 and up has been organized by the PG PAC. Registration and cost information has been sent home with these students, or check the website: http://www.firstaidhero.com/babysitting.html under Port Guichon for the information and to register.
PLEASE NOTE: Last Day of School Friday, December 20	Last day of school before Winter Break. Students dismissed at 3:00 PM