



# Port Guichon Newsletter

## Spring Edition



### Dates to Remember:

- ☺ **March 8**  
PAC Hot Lunch
- ☺ **March 18-April 2**  
Spring Break & Easter
- ☺ **April 4**  
Div. 1&2 Science World
- ☺ **April 10**  
Div. 3 OWL Reserve  
PAC Hot Lunch
- ☺ **April 16**  
Class Photos
- ☺ **April 30**  
Div 5 Georgia Cannery
- ☺ **May 1**  
Orca Pride Day and Kite Day  
PAC Hot Lunch
- ☺ **May 2**  
Div 1&9 Finding Nemo
- ☺ **May 3**  
PAC Family Fun Night
- ☺ **May 7**  
Regional Track Meet
- ☺ **May 16**  
District Track Meet
- ☺ **May 17 & 20**  
Pro-D & Victoria Day
- ☺ **May 22**  
8:15 am Parent Appreciation  
PAC Hot Lunch
- ☺ **May 27 - 29**  
Gr. 6&7 Camp Jubilee

### Principal's Message

**Kindness Rocked** on Valentine's Day and we saw all sorts of ways that **Kindness Counts** all month long, all over the school. We filled our hearts and also filled the hallway heart with stickers earned with acts of kindness. We lined the hall with Pink Shirts and positive messages. We will be celebrating together with an extra-long recess playtime (10-10:30AM) tomorrow to celebrate!

**Be Safe, Be Kind** is our schoolwide focus. We all want the playgrounds to be fun and we have needed a few reminders about playing fair and having fun lately - and we are seeing improvement! It has been wonderful to watch some of our big buddies leading basketball with younger students or joining in with the skipping ropes or grounders. Everyone comes to school wanting to have fun - inside and outside, all day long.

Our driveway is our next focus for improvement. If you are driving to school, please follow our guidelines that from **8:30-9:30 AM & 2:30-3:10 PM (1:30-2:00 PM Wednesday) ONLY BUSES are allowed** in the front traffic circle. Student safety is our number one priority and we have had a few unsafe situations lately. Please do not use the wheelchair-accessible parking spots or the gate access by the dumpsters as a turnaround. The first traffic circle is for quick drop-off and pick-up only (no parking and waiting please). If you need to walk in with your child, please arrive early or park further from the school and walk in from there. As the weather improves, biking or walking to school together is a great way to start the day.

We hope that the holiday brings lots of opportunities for families to play and have fun together too. We will come back on April 2<sup>nd</sup> refreshed and ready for the final stretch. Track & Field, Kite Day, Gr 6/7 Camp...and much more fun is still to come. Have a wonderful Spring Break!

Mrs. Palmer  
Principal



# Kindergarten Registration

Do you know someone whose child is turning 5 in 2024? Please remind them to register their child for Kindergarten for intake this September. For more information, please visit: [Kindergarten - Delta School District \(deltasd.bc.ca\)](https://www.deltasd.bc.ca/Kindergarten)



## Track and Field!

Grade 4 to 7 students have started Track and Field! All Grade 4 to 7 students will be practicing track and field events during school after Spring Break. A notice will go home in May with the students who will be attending the Regional Track and Field day on Tuesday, May 7<sup>th</sup> where we will also be looking for volunteer drivers and track and field volunteers.



## Jean Up – Tie Dye and Jeans Day

Jean up this May to support BC Children's Hospital. PG plans to participate during the week of May 13, 2024 we will be asking for donations to support this worthy cause. We encourage everyone to wear some form of Jean material on Wednesday, May 15, 2024 in support of BC Children's Hospital. Each class will collect money and 100% of the money will go to kids in need!! Money raised will be matched from Odlum Brown.

## Parent Appreciation!

As a way of our staff showing appreciation to all guardians of our PG children, we invite you to a morning coffee and muffin before school on Wednesday, May 22. Starting at 8:15 am drop into the gym for a coffee and coffee. We thank our amazing parent/guardian community!!

*thank you*



## Grade 6 & 7 Camp Jubilee

On Monday, May 27<sup>th</sup>, our Grade 6 & 7 students are heading to Camp Jubilee for two nights! The camp offers students the chance to embrace new challenges and gain confidence while fostering friendship, self-esteem and fun!



## Fraser Health Advisory – Protection Against Measles

Measles cases are being reported in many places internationally, in Canada and in B.C. Fraser Health would like to remind you to check your child's vaccination records before travelling during Spring Break to ensure they are protected. Please see the attacement to read the full advisory, which includes how to check your child's immunization records. For more information, please contact your local public health provider or visit [fraserhealth.ca/immunizations](http://fraserhealth.ca/immunizations).

## Playground Pals

Thank you to PAC for donating sport equipment for our Playground Pals. Student volunteers roll out our playground cart for students to sign out during lunch recess.



## Gardening Program

All our classes are starting their gardening program after Spring Break. THANK YOU to **WEST COAST SEEDS** for donating vegetable seeds



## Port Guichon is turning 50!

Our 50 year anniversary is coming up quickly! If you have any old photos of Port Guichon that you would like to share, please email [dpalmer@deltaschools.ca](mailto:dpalmer@deltaschools.ca) by April 19, 2024!

### Upcoming events!



Orca Pride and Kite Day is scheduled for Wednesday, May 1<sup>st</sup>!. Wear your Spirit Wear or PG colours that day and in the afternoon, we will be flying kites! Classrooms will connect with parents – some make their own kites or others encourage students to bring their own. Parents are welcome to help in the back field – event starts 1:00 pm.

## PAC News

### Family Fun Night May 3<sup>rd</sup> !

PAC is working hard organizing a Family Fun Night scheduled for Friday, May 3<sup>rd</sup> . Mark your calendar – more details to come!



**SPRINGBREAK BOOTCAMP**



**FILMKIDS BOOTCAMP**

Location:  
Delta Manor Education Center  
4750 57th Street Delta, British Columbia

Prices for FilmKids Bookcamp:  
\$330 per Student (Grades 6 to 11)

Summer Bootcamp week:  
MARCH 18 - 22ND (9am - noon)

Register at:  
<https://cimsweb.deltasd.bc.ca/publicconnect/DECourse.aspx>  
contact: gcampbell@deltalearns.ca





# SOCCER 2023 DAY CAMPS

*...more than just a soccer camp*



The Royal Soccer Club is excited to host our 32<sup>nd</sup> annual grassroots summer day camps to families in the Delta and surrounding areas again this summer. Recently, Cathryn Tucker of the Delta School Board shared our non-profit (#S-0056504) program material with you. Attached is more information about summer day camps for children ages 5 to 13.





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## Did your child receive the MMR vaccine?

**Measles cases are being reported in many places internationally, in Canada and in B.C.** We would like to remind you to check your child's vaccination records before travelling during Spring Break to ensure they are protected.

**Measles is a serious illness caused by the measles virus. It is very contagious.** It can spread easily through air.

Symptoms of measles include fever, cough, runny nose, and inflamed eyes that are often sensitive to light. These symptoms are followed by a rash, which starts on the face and neck and spreads to the chest, arms and legs.

**Measles can cause complications** like inflammation of the brain (encephalitis), which can lead to seizures, deafness or brain damage. Other complications can include ear infection, diarrhea, pneumonia and death. This is why protection by vaccination is so important.

Getting your child vaccinated on schedule is the best way to protect them from this preventable infection. **The MMR vaccine is recommended for all children and is provided free in B.C.**

In B.C., measles vaccine is given as a series of 2 doses.

- First dose is given as the measles, mumps and rubella (MMR) vaccine on a child's first birthday.
- Second dose is given around the time of starting school (at 4 to 6 years) as the measles, mumps, rubella and varicella (MMRV) vaccine.

**All school-age children and teens who have not been vaccinated should get 2 doses.**

**If you plan on travelling internationally:**

- Babies between 6 months and 1 year should get vaccinated against measles before travelling internationally. This dose is not included in the routine two doses but will add to protection against measles while travelling.
- Children between 1 and 4 years can also get their second dose early if they are travelling internationally before they are due at age 4.

### **Make sure your child's immunization records are up-to-date**

Check your child's immunization records by

- Scanning the QR code to Health Gateway
- Going online to [healthgateway.gov.bc.ca](https://healthgateway.gov.bc.ca)
- Using the Health Gateway app



\* Records for children under 12 years old are included on their parent's account.

If your child's online record shows their vaccines are not up-to-date but they did get vaccines from a health care provider outside of public health, please:

- Contact the health care provider who immunized your child and ask for a copy of the immunization record.
- Report these immunizations to Public Health online by either scanning this QR code or going online to [fraserhealth.ca/immunizationform](https://fraserhealth.ca/immunizationform). This will prevent children from missing school in the event of a measles case.



**If your child has not yet had their vaccines, please make an appointment with a public health unit, family doctor or nurse practitioner.** Children 4 years or older, as well as adults, can also be vaccinated in pharmacies. Not all family doctors, nurse practitioners, or pharmacies offer vaccines, so make sure to call ahead and check.

To make an immunization appointment at a public health unit, call:

- 604-702-4906 (residents of Mission, Abbotsford, Chilliwack, Agassiz and Hope)
- 604-476-7087 (residents in all other areas of Fraser Health)

For more information, please contact your local public health unit or visit our website at: [fraserhealth.ca/immunizations](https://fraserhealth.ca/immunizations).



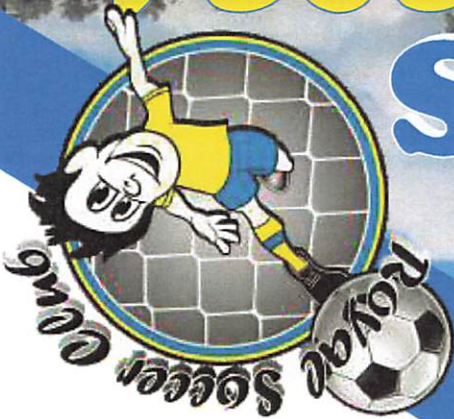
For over 30 years...

# SOCCER

# DAY CAMPS

...more than just a soccer camp!

# 2024



Unlock  
Amazing Savings  
if you sign up by  
**June 1, 2024**  
DON'T MISS OUT!  
\* for a limited  
time only

Get ready for an  
unforgettable  
summer  
adventure!



\* July & August weeks  
all kids aged 5 to 13

\* morning & full day sessions  
before & after care available

Morning sessions from \$154\*  
Full day sessions from \$229\*  
\*limited time offer, see website for details

royalsoccerclub.com  
800-427-0536

For location & registration details, visit our website.