

Port Guichon Elementary Week-at-a-Glance April 21 - 25, 2025

Week-at-a-Glance on school website: <u>https://pg.deltasd.bc.ca/</u>

Monday 21	Easter Monday – Stat. Holiday (Schools are closed) See you tomorrow!
Tuesday 22	Earth Day! Students are welcome to dress in blues & greens to celebrate the planet. Family Opportunities (in-person in Richmond and online): <u>https://familysmart.ca/monthly-events/</u> Please register in advance.
Wednesday 23 1:45 Dismissal every Wed.	Have a great day! ©
Thursday 24	Have a great day! ©
Friday 25	Preparation in PG gym after school today for: Monday, April 28, 2025 - Election Day . <u>https://www.elections.ca/home.as</u>

Upcoming Dates & Other Information:

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https://pg.deltasd.bc.ca/wp-content/uploads/sites/27/2024/05/PG-Calendar-2024-2025.pdf

Election Day (Monday, April 28) – PG gym is a voting location. Parking lot expected to be busier than usual.
Grade 4-7 Regional Track Meet (Tuesday, May 6 at SDSS Tsawwassen. Weather permitting!)
Alternate Track Meet Day (Friday, May 9)
PAC hosted PG Family Movie Night (Friday, May 9) – in the gym.
Professional Day (Friday, May 16) Day-in-Lieu
Victoria Day (Monday, May 19) Stat. Holiday – Schools are closed.
Parent/Family Appreciation Event (Wednesday, May 21) – More info. coming soon!

Important Information & Other Notes:

Reminder of School Budget Consultation Process 2025:

https://www.deltasd.bc.ca/news-events/news/2025-2026-budget-consultation-process/

Opportunities:

Dr. Gordon Neufeld Live in Vancouver

For one day only, Dr. Gordon Neufeld will be speaking live at the Bell Performing Arts Centre, sharing essential insights on how to support children's and our own emotional well-being and resilience in today's world.

Join us for this rare chance to hear Dr. Neufeld speak live and in person. Take home restored confidence that you are the answer to the emotional well being for the children in your life.

<u>Secure your ticket here</u>

This is a fundraising event for the Neufeld Institute. All ticket sale proceeds directly support <u>our mission</u>.

Creating a Substance Use Prevention Plan Webinar for Parents

https://blog.gov.bc.ca/ecc-dm-bulletin/article/creating-a-substance-useprevention-plan-webinar-for-parents/ Registration link for **Tuesday, April 29 · 6 - 7:30pm PDT (online):**

https://www.eventbrite.com/e/creating-a-substance-use-prevention-plan-tickets-1312371922749?aff=oddtdtcreator

Camp Byng, Scouts Canada:

Scouts Canada offers the following programs at Camp Byng:

- A five-day, overnight adventure for ages 9-14 which offers skill building with archery, canoeing, hikes, astronomy, low ropes, arts and crafts, and so much more. The camp is in Roberts Creek on the Sunshine Cost in a 200-acre forest right on the ocean. It's a great place for kids to disconnect for their computers and phones and makes new friends. Given its location, a service to meet parents at the ferry and bring them to camp is also offered.
- Leaders in Training (LIT) program, which is specifically designed for high school students looking for one last chance to experience camp. This 12-day, 11-night program provides valuable leadership training and guarantees participants the volunteer hours they need for graduation. Plus, if students successfully complete the program, they are guaranteed work at Camp Byng once they're old enough!

For more information, visit:

https://www.scouts.ca/camps/camp-byng.html



Delta Deas Rowing Club – Juniors Learnt to Row Program

Are you aged 13+? Learn technical rowing skills in a fun, supportive environment. For more information visit <u>https://www.deltadeas.com/</u>

2025 Art, Video & Photo Contest with \$150 prizes for Indigenous Youth

AHEAD CONTEST 2025 PDF (6) (1)

To celebrate the **rich cultural and heritage traditions of the Indigenous people of Canada**, FORED is sponsoring its annual **artwork**, **photography** and **video** contest with \$150 cash prizes for Indigenous youth, aged 5-18.

This contest is a wonderful opportunity to find a mentor in the Elder community to pass down this important knowledge to Indigenous youth. Previous award winners are sometimes even featured in <u>local community newspapers</u>. No commercial use of entries is permitted.

Summer Learning Opportunities 2025:

https://www.deltasd.bc.ca/programs/continuing-education/summer-learning-registration/

Grades 1-7 Literacy & Numeracy Foundations

SESSION ONE DATE: July 7th – July 18th TIME: 9:00 am – 1:00 pm PLACE: McCloskey Elementary PLACE: Richardson Elementary PLACE: Ladner Elementary SESSION TWO DATE: July 21st – August 1 st TIME: 9:00 am – 1:00 pm PLACE: McCloskey Elementary PLACE: Richardson Elementary

- * Students can register for **ONE** summer program only
- * Students must have completed Kindergarten
- * Students going into Grade 7 in September 2025, current Grade 7 students are not eligible
- * Opportunity to improve writing, reading, vocabulary and discussion skills
- * Full attendance required; on third absence, student will be withdrawn
- * Parent will register student online (see link at beginning of message above)

Registration Queries – Sheryl Bogart sbogart@deltaschools.ca **Elementary Opportunities – Bryarley Gillis** bgillis@deltaschools.ca

Guidance for families on establishing healthy screen habits at home:

Children are exposed to more screens than ever before, including television, computers, gaming consoles, smartphones and tablets. While quality media may offer benefits for learning and exploration, too much screen time can reduce the time children/youth spend engaged in activities that support mental health and physical health. e.g. in-person conversations with friends and family, being active outside in the fresh air and natural light, and getting enough sleep. Please see the following for more information:

https://www.fraserhealth.ca/health-topics-a-to-z/children-and-youth/physical-activity-forchildren/screen-time-forchildren#:~:text=For%20children%20under%20two%20years,than%20two%20hours%20a%20d ay._

https://www.fraserhealth.ca/-/media/Project/FraserHealth/FraserHealth/Health-Topics/Children-and-Youth/FH-Screen-Time-Brochure-5-12---Final---28012025.pdf

Ministry Survey for Parents of Students in Grade 4 & Grade 7:

https://pg.deltasd.bc.ca/wp-content/uploads/sites/27/2025/04/Ministry-Survey.pdf https://www.awinfosys.com/SurveyFull1/central/main/access_Parent.asp

Munch-a-Lunch – Hot Lunch Online Ordering:

https://pg.deltasd.bc.ca/news-events/daily-announcements/hot-lunch/ Please contact <u>portguichonpac@gmail.com</u> if you have difficulty with the online ordering system.

Fraser Valley Library Offerings:

https://fvrl.bibliocommons.com/locations/LD https://fvrl.bibliocommons.com/locations/SD

FamilySmart Events:

Please click the link for upcoming events: <u>https://familysmart.ca/monthly-events/</u> Every month, FamilySmart hosts in-person or online events for parents & caregivers who are parenting a child or youth with a mental health and/or substance use challenge called "In the know." We watch a video and share experiences and strategies that help in the hard moments and focus on strengthening our understanding and connection with our kids. Online events are facilitated by FamilySmart Parent Peer Support Workers. <u>https://familysmart.ca/</u>

The Canadian Dental Care Plan (CDCP):

The Canadian Dental Care Plan (CDCP) aims at reducing the costs of dental care for Canadian residents who have a family net income of less than \$90,000 per year. Applications are currently open for Persons with disabilities and children under 18. The program will then expand to all eligible Canadian residents as of 2025. <u>https://www.canada.ca/en/services/benefits/dental/dental-care-plan.html</u>

Fraser Health Information/FAQ:

https://www.fraserhealth.ca/health-topics-a-to-z/school-health/illness-andimmunizations/illness-in-the-classroom https://www.fraserhealth.ca/health-topics-a-to-z/school-health/illness-andimmunizations/head-lice https://www.fraserhealth.ca/health-topics-a-to-z/immunizations/children-and-youthimmunization

"Wheels" on School Grounds:

Please help support safety on school grounds by partnering with us in reminding children to always dismount from "wheels" (scooters; roller blades/skates; bikes, etc.) upon arriving on school grounds.

Please also see this important information:

https://www2.gov.bc.ca/gov/content/transportation/transportation-environment/activetransportation/scooter/safety

Travel to-and-from School:

Please encourage students to use marked crosswalks and sidewalks whenever possible. Please encourage them to cross only after carefully checking for traffic and waiting until vehicles have fully stopped. Please drive with caution and abide by school zone speed limits. Let's help keep everyone safe [©] Thank-you!

Important to remember:

Dear Families,

Please continue to partner with us in teaching and reminding your children that making threats, inappropriate or discriminatory comments or racial slurs toward or about others undermines a sense of safety, comfort, and belonging at school and in the community and is **unacceptable**. Although we realize that it may be a small minority of students who engage in this behaviour, it causes very strong feelings among students, families and staff, and wastes valuable time and energy that may otherwise be focused on demonstrating kindness and building a sense of belonging and community.

Students who make threats or use other violent words can face significant disciplinary consequences and possibly, criminal charges (12+yrs. of age).

Please take time to talk with your child(ren) and encourage responsible, kind choices regarding safe and appropriate language and actions, especially while at school or school-related events and/or while engaging with other students during online activities.

We appreciate your partnership and ongoing support!

Restricting Cellphone usage in elementary schools:

Please be reminded that students are not permitted to use cellphones or other personal digital devices at school. For more information, please visit: <u>Elementary school restrictions</u>. If you have any questions, please contact the school.

Extreme Winter Weather Procedures Information (if needed):

Please click this link: https://www.deltasd.bc.ca/news-events/news/winter-weather-procedures-2024-2025/

CBC AM 690 radio, 88.1 FM	Global BC
CKNW AM 980 radio	CBC TV

News AM 1130 radio	CTV BC	INFORMATION ABOUT ANY <u>DISTRICT-WIDE CLOSURES</u> WILL BE SENT TO SEVERAL METRO VANCOUVER RADIO & TV STATIONS

*No announcement will be made stating that specific schools are open. Only closures and delayed openings will be announced.