

Port Guichon Elementary Week-at-a-Glance April 28 - May 2, 2025

Week-at-a-Glance on school website: <u>https://pg.deltasd.bc.ca/</u>

Monday 28	Today is Election Day (Monday, April 28) – PG's gym is a voting location. The parking lot at PG is expected to be busier than usual and families may want to consider allowing for a little extra time to travel to/from school today.
Tuesday 29	Students, please dress for the potential of both some rain and warm sunshine this week. Spring weather brings it all!
Wednesday 30 1:45 Dismissal every Wed.	Have a great day!
Thursday 1	Happy first day of May
Friday 2	Have a great Friday.©

Upcoming Dates & Other Information:

Upcoming Dates:

https://pg.deltasd.bc.ca/wp-content/uploads/sites/27/2024/05/PG-Calendar-2024-2025.pdf

Grade 4-7 Regional Track Meet (Tuesday, May 6 at SDSS Tsawwassen. Weather permitting!)
Alternate Track Meet Day - only if May 6 weather is absolutely horrid (Friday, May 9)
PAC hosted PG Family Movie Night (Friday, May 9) – in the gym.
Professional Day (Friday, May 16) Day-in-Lieu
Victoria Day (Monday, May 19) Stat. Holiday – Schools are closed.
Parent/Family Appreciation Event (Wednesday, May 21) – More info. coming soon!

Important Information & Other Notes:

Our hearts and thoughts are with everyone affected by the tragedy that occurred over the weekend at the Filipino Lapu Lapu Day celebration in Vancouver.

Parents/families, please consider the information in the link (below) and other similar resources that can be found online to support conversations with children and youth regarding sad, scary and/or disturbing current events.

https://www.commonsensemedia.org/articles/explaining-the-news-to-our-kids

"Wheels" on School Grounds & To/From School:

Please help support safety on school grounds by partnering with us in reminding children to always dismount from "wheels" (scooters; roller blades/skates; bikes, etc.) upon arriving on school grounds.

Please also see this very important information provided to all Delta Schools:

Electric Scooters and E-Bikes

As the warmer weather approaches, students will have more opportunities to engage in bikeand scooter-related activities like commuting to school. Please find below a reminder of the provincial regulations regarding electric kick scooters and electric bikes (e-bikes).

Electric kick scooters should not be used by students travelling to school or while on the school grounds.

Despite their popularity in our province, electric kick scooters remain illegal for use on public roads, bike lanes and sidewalks across most of B.C., except in a handful of cities that are taking part in a <u>pilot program</u> to test the use of them. The City of Delta is not part of the pilot program. Even in the pilot program cities, it is illegal for a person under 16 years of age to operate an electric kick scooter. You can view the provincial rules here: <u>Electric Kick Scooter Pilot Project</u> <u>Regulation</u>.

E-Bikes: In B.C., it is illegal for students under 14 years of age to ride e-bikes. Students can operate light e-bikes at age 14 and standard e-bikes at 16. Parents or guardians of students below the minimum age must not knowingly permit them to ride an e-bike. For more information, including the definitions of a light e-bike and a standard e-bike, please visit: <u>E-Bike</u> <u>Rules of the Road</u>

Please encourage students to use marked crosswalks and sidewalks whenever possible. Please encourage them to cross only after carefully checking for traffic and waiting until vehicles have fully stopped.

Please drive with caution, pay extra attention in PG's parking area and abide by school zone speed limits and other guidelines for drivers, especially while on school grounds. Please help keep everyone safe.⁽²⁾ Thank-you!

Summer Learning Opportunities 2025:

https://www.deltasd.bc.ca/programs/continuing-education/summer-learning-registration/

Grades 1-7 Literacy & Numeracy Foundations

SESSION ONE

DATE: July 7th – July 18th

TIME: 9:00 am - 1:00 pm

PLACE: McCloskey Elementary

PLACE: Richardson Elementary

PLACE: Ladner Elementary

SESSION TWO

DATE: July 21st – August 1 st

TIME: 9:00 am – 1:00 pm

PLACE: McCloskey Elementary

PLACE: Richardson Elementary

* Students can register for **ONE** summer program only

- * Students must have completed Kindergarten
- * Students going into Grade 7 in September 2025, current Grade 7 students are not eligible
- * Opportunity to improve writing, reading, vocabulary and discussion skills

* Full attendance required; on third absence, student will be withdrawn

* Parent will register student online (see link at beginning of message above)

Registration Queries – Sheryl Bogart sbogart@deltaschools.ca **Elementary Opportunities – Bryarley Gillis** bgillis@deltaschools.ca

Guidance for families on establishing healthy screen habits at home:

Children are exposed to more screens than ever before, including television, computers, gaming consoles, smartphones and tablets. While quality media may offer benefits for learning and exploration, too much screen time can reduce the time children/youth spend engaged in

activities that support mental health and physical health. e.g. in-person conversations with friends and family, being active outside in the fresh air and natural light, and getting enough sleep. Please see the following for more information:

https://www.fraserhealth.ca/health-topics-a-to-z/children-and-youth/physical-activity-forchildren/screen-time-forchildren#:~:text=For%20children%20under%20two%20years,than%20two%20hours%20a%20d ay.__

https://www.fraserhealth.ca/-/media/Project/FraserHealth/FraserHealth/Health-Topics/Children-and-Youth/FH-Screen-Time-Brochure-5-12---Final---28012025.pdf

Ministry Survey for Parents of Students in Grade 4 & Grade 7:

https://pg.deltasd.bc.ca/wp-content/uploads/sites/27/2025/04/Ministry-Survey.pdf https://www.awinfosys.com/SurveyFull1/central/main/access_Parent.asp

Munch-a-Lunch – Hot Lunch Online Ordering:

https://pg.deltasd.bc.ca/news-events/daily-announcements/hot-lunch/ Please contact portguichonpac@gmail.com if you have difficulty with the online ordering system.

Fraser Valley Library Offerings:

https://fvrl.bibliocommons.com/locations/LD https://fvrl.bibliocommons.com/locations/SD

FamilySmart Events:

Please click the link for upcoming events: <u>https://familysmart.ca/monthly-events/</u> Every month, FamilySmart hosts in-person or online events for parents & caregivers who are parenting a child or youth with a mental health and/or substance use challenge called "In the know." We watch a video and share experiences and strategies that help in the hard moments and focus on strengthening our understanding and connection with our kids. Online events are facilitated by FamilySmart Parent Peer Support Workers. <u>https://familysmart.ca/</u>

The Canadian Dental Care Plan (CDCP):

The Canadian Dental Care Plan (CDCP) aims at reducing the costs of dental care for Canadian residents who have a family net income of less than \$90,000 per year. Applications are currently open for Persons with disabilities and children under 18. The program will then expand to all eligible Canadian residents as of 2025. <u>https://www.canada.ca/en/services/benefits/dental/dental-care-plan.html</u>

Fraser Health Information/FAQ:

https://www.fraserhealth.ca/health-topics-a-to-z/school-health/illness-andimmunizations/illness-in-the-classroom https://www.fraserhealth.ca/health-topics-a-to-z/school-health/illness-andimmunizations/head-lice https://www.fraserhealth.ca/health-topics-a-to-z/immunizations/children-and-w

https://www.fraserhealth.ca/<u>health</u>-topics-a-to-z/immunizations/children-and-youth-immunization

Important to remember:

Dear Families,

Please continue to partner with us in teaching and reminding your children that making threats, inappropriate or discriminatory comments or racial slurs toward or about others undermines a sense of safety, comfort, and belonging at school and in the community and is **unacceptable**. Although we realize that it may be a small minority of students who engage in this behaviour, it causes very strong feelings among students, families and staff, and wastes valuable time and energy that may otherwise be focused on demonstrating kindness and building a sense of belonging and community.

Students who make threats or use other violent words can face significant disciplinary consequences and possibly, criminal charges (12+yrs. of age).

Please take time to talk with your child(ren) and encourage responsible, kind choices regarding safe and appropriate language and actions, especially while at school or school-related events and/or while engaging with other students during online activities.

We really appreciate your partnership and ongoing support!

Restricting Cellphone usage in elementary schools:

Please be reminded that students are not permitted to use cellphones or other personal digital devices at school. For more information, please visit: <u>Elementary school restrictions</u>. If you have any questions, please contact the school.